



## TERM 3 PRE-SEASON ACADEMIES SPACES OPEN NOW

YoungGun Cricket powered by The Cricket Performance Lab announce our 2025 Pre-Season (Term 3) Academies. The programmes are custom designed for players aged 10-18 to explore, learn and master batting/bowling/fielding skills.

It's the best pre-season preparation your young cricketer will experience and fills the gap in "training sessions" provided by clubs that often just focus on batting and bowling in nets to blow away cob webs.



The Term 3 Academies give players the opportunity to learn from the best coaches in the game, develop elite cricket skillsets while gaining a true understanding of their cricket identity.

With a focus on Identification, Exploration and Development of skills in game scenarios, the Pre-Season YGC Academy is the best preparation any player can have for Season 2025/2026

### AREAS OF FOCUS

There are 4 specific pre-season academies to choose from. These are skill specific programs for Batting / Bowling / Wicket Keepers or All Rounders. Every Academy features a weekly 30 minute Fielding Focus session. Wicket Keepers will go into the batting group and WK in Fielding/Bowling time

The Foundation academy focuses on all skills and is a separate program

#### BATTING

- The Tempo of Batting
- Trust in your Defence
- The Game Inside the Game
- Dynamic Decision Making
- Swing Analysis & Patterns
- Power Position, Point of Impact and much more...

#### FIELDING

- Fielding with Impact
- Position, Position, Position
- Impact the game
- Next Gen Fielding Techniques
- Finish the Play

#### BOWLING

- The Fundamentals
- Bowling Plans by Game Phase
- Variations - When/Why/How?
- Understanding your field and how to use it to advantage
- Defence & Attack phases
- The Art of a bowling plan

### DATES/TIMES

#### FRIDAY NIGHTS WEEKLY FOR TERM 3

FOUNDATION ACADEMY 5.30pm - 7pm

BOWLING SESSION 7pm - 8pm \*\*

WICKET KEEPERS SESSION 7-8pm

FIELDING SESSION 8PM - 8.30PM (ALL ACADEMY MEMBERS)

BATTING SESSION 8.30pm - 9.30pm\*\*

\*\*ALL ROUNDER PROGRAM IS AN ALTERNATING  
BATTING/BOWLING SESSIONS WITH WEEKLY FIELDING\*\*

Start Dates -

ALL Academies commence - Friday July 25th, 2025

### COST

9 week program

**\$895\***

\*Term 2 Returning player \$825

[WWW.YOUNGGUNCRICKET.COM.AU](http://WWW.YOUNGGUNCRICKET.COM.AU)

[WWW.CRICKETPERFORMANCELAB.COM.AU](http://WWW.CRICKETPERFORMANCELAB.COM.AU)

PHONE: 1300 YOUNG GUN (1300 968 644)





## TERM 3 PRE-SEASON ELITE ACADEMIES



### ACADEMY FEATURES:

LEVEL 3, PREMIER & PATHWAY COACHES  
ACCESS TO WORLD FIRST TECHNOLOGY  
FREE ACCESS TO THE WORLDS FIRST CRICKET  
ATHLETE MANAGEMENT SYSTEM - PER40RM  
LEARN THE SAME TECHNIQUES USED BY  
THE PROFESSIONALS

### THE MOST SUCCESSFUL SUMMERS START IN WINTER

Is just hitting and bowling balls really the  
best way to prepare for the upcoming  
season?

Our pre-season academies give players  
every opportunity to make this season their  
best yet.



*Access to  
world class  
coaching*



*In one of the world's  
best coaching  
facilities*

**JOIN  
NOW**

EACH ACADEMY IS STRICTLY LIMITED TO  
12 SPOTS AND WILL BOOK OUT  
REGISTER NOW  
PHONE: 1300 YOUNGGUN  
COACHING@YOUNGGUNCRICKET.COM.AU

PREPARE FOR THE UPCOMING SEASON JUST LIKE THE  
PRO'S DO.  
SMARTER, MORE CONFIDENT, HOLISTIC CRICKETERS DEVELOP  
AT YOUNGGUN CRICKET

